



ARK CARE® TECHNICAL BULLETIN

Cleaning and Disinfecting the Assure® Prism multi Blood Glucose Monitoring System (BGMS)

To minimize the risk of transmitting bloodborne pathogens, the cleaning and disinfecting procedures should be performed as recommended in the Assure Prism multi Blood Glucose Monitoring System User Manual.

The Assure Prism multi BGMS is intended to be used for testing multiple patients in a professional healthcare setting when standard precautions and the manufacturer's cleaning and disinfecting procedures are followed.

The meter should be cleaned and disinfected after use on each patient.

Cleaning and Disinfecting

The **cleaning procedure** is needed to clean dirt, blood and other bodily fluids off the exterior of the meter before performing the disinfection procedure.

The **disinfection procedure** is needed to prevent the transmission of bloodborne pathogens.

Only the wipes listed below should be used to clean and disinfect the Assure Prism multi meter. Please read and follow the manufacturer's instructions before using their wipes on the meter.

Manufacturer	Disinfectant Brand Name	EPA #	Required Contact Time
Clorox® Professional Products Company	Clorox® Germicidal Wipes	67619-12	1 minute
	Dispatch® Hospital Cleaner Disinfectant Towels with Bleach	56392-7	1 minute
Professional Disposables International, Inc. (PDI)	Super Sani-Cloth® Germicidal Disposable Wipe	9480-4	2 minutes
Metrex® Research	CaviWipes1™	46781-13	2 minutes

Guidelines for cleaning and disinfecting the Assure Prism multi BGMS

- + Each time the cleaning and disinfecting procedure is performed, two wipes are needed; one wipe to clean the meter and a second wipe to disinfect the meter.
- + Always wear the appropriate protective gear, including disposable gloves.
- + Open disinfectant package and pull out one towelette.
- + Wipe the entire surface of the meter using the towelette at least three times vertically and three times horizontally to clean blood and other body fluids from meter.
- + Dispose of the towelette.
- + Repeat above steps with a **new** towelette to disinfect the meter.
- + Allow the exterior to remain wet for the corresponding contact time of each disinfectant (referenced in chart above), then wipe meter dry using a dry cloth.
- + Use caution so as to not allow moisture to enter the test strip port, data port or battery compartment, as it may damage the meter.

Please see the Assure Prism multi User Manual for step-by-step instructions on how to clean and disinfect the Assure Prism multi Blood Glucose Meter. If you have any questions, please contact Technical Customer Service at 800.818.8877, option 1.

Cleaning and Disinfecting FAQ

If a blood glucose meter is assigned to an individual resident and not shared, does it still need to be cleaned and disinfected?

Yes. Meters need to be cleaned and disinfected in accordance to the manufacturer's cleaning and disinfecting process or the facility's protocol for environmental cleaning/disinfecting if the blood glucose meter does not list a cleaning and disinfecting procedure. Each meter in use is subject to QC testing per the facility's policy.

What can be used to clean a blood glucose meter?

Cleaning can be accomplished with an EPA registered cleaning wipe that is approved for healthcare settings and listed in the manufacturer's guidelines. Use only wipes that have been validated for the meter.

What can be used to disinfect a blood glucose meter?

Disinfecting can be accomplished with an EPA registered cleaning wipe approved for use in healthcare settings and has been validated for use by the meter's manufacturer. See the first page for a list of wipes validated for use with the Assure Prism multi Meter.

Can cleaning and disinfecting be accomplished with one wipe?

No, each time the cleaning and disinfecting procedure is performed two wipes are needed. One wipe to clean the meter and a second wipe to disinfect the meter.

What will happen if a blood glucose meter is not cleaned and disinfected after use?

Per the CMS F-Tag 880 guideline, surveyors may issue a citation if they observe no cleaning and disinfecting of meters after a blood glucose test as they would not be in compliance with CMS F-Tag 880.

LTC facilities are required to establish a program for infection control and identify a key individual responsible for the overall program oversight. The program should include addressing the cleaning and disinfecting of blood glucose meters along with other equipment and environmental surfaces. The program should involve establishing goals and priorities, planning, strategy implementation, post-surveillance and more. Additionally, staff roles and responsibilities should be identified and training should be documented. It is also important to provide education on infection control and the proper use of products. More information on establishing a comprehensive infection prevention and control program can be found in the CMS Infection Control Guidance Document.

More information is available at

<http://www.cdc.gov/injectionsafety/blood-glucose-monitoring.html>

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F-Tag 880

On November 28, 2017, the CMS implemented phase 2 of cleaning and disinfecting standards in the facility assessment code 483.70

----- Infection Control Requirements for Blood Glucose Monitoring

What is the Centers for Medicare and Medicaid Services (CMS) F-Tag 880?

F-Tag 880 is an interpretive guideline for infection control programs in Long-term Care facilities. It is put in place to prevent, recognize and control the onset and spread of infection. F-Tag 880 is used for guidance by CMS Regional Offices and State Survey Agencies for [re-]certification and complaint investigations.

Does F-Tag 880 only apply to blood glucose meters?

No, F-Tag 880 applies to all resident care equipment and environmental surfaces, including blood glucose meters.

Why is Cleaning and Disinfecting of blood glucose meters such a high priority?

Blood glucose meters are at high risk of becoming contaminated with bloodborne pathogens such as Hepatitis B Virus (HBV), Hepatitis C Virus (HCV) and Human Immunodeficiency Virus (HIV). Transmission of these viruses from resident to resident has been documented due to contaminated blood glucose devices. According to the Centers for Disease Control and Prevention, cleaning and disinfecting of meters between resident use can prevent the transmission of these viruses through indirect contact.

How often do blood glucose meters need to be cleaned and disinfected?

Per CMS F-Tag 880 Transmittal 55, blood glucose meters need to be cleaned and disinfected after each use for individual resident care according to the manufacturer's instructions for multi-patient use. Lancets for obtaining a blood sample need to be properly disposed of after one use.